

Retreat Tapes:

In Austin, TX and San Antonio every June I offer a week-end retreat. Every year we pray about the topic for the next year. Earlier retreats had dealt with initial and familial faith (healing mother/father/inner child wounds). These retreats focus on individuating, communitarian and mission faith. The retreats since 1993 have been taped as is, without editing. The questions are sometimes difficult to hear, but the presentations are clear. They are available from Vicki Spencer (see below).

- 1993 *Dreams and Male-Female Relationships* – how to use our dreams and male-female relationships to find wholeness.
- 1994 *Healing the Divided Heart* – how we can deal with inner splits (shadow, family relationships, male-female), by opening to our vulnerability.
- 1995 *Finding Our Lives in God* – John’s Gospel as a way to recover our grounding in God.
- 1996 *Our Idols: Key to Healing* – Internal Family Systems Therapy (Richard Schwartz) and addictions as a way to healing.
- 1997 *Finding Our Lives in Community* – Using Bonhoeffer’s, *Life Together*, we looked at the nature of Christian community, our vocation story, solitude and silence, and our call to release creative community.
- 1998 *Finding God in Community: Getting Beyond our First Loves* – The way is God’s Glory manifested, our Truth is recovered through relationships, especially male-female relationships, and ultimately through the Eucharist.
- 1999 *Finding God in the World* – What is the world? H.R.Niebuhr, *Christ and Culture*, sees Christ as against, of, above and transformer of culture. We look at His call to “undo the works of the evil one,” through poverty, a “new plan” (R. Rohr), healing gender wars, and enlightened community.
- 2000 *Forming an Empowering Community* – How poverty attracts God and, opens us to our lies (as in theophostic ministry), releases the Self (R. Schwartz), and forms a compassionate community under God.
- 2001 *Love Beyond Lies*—We start with love, not lies, C. S. Lewis’ *Four Loves*, and how those desires are purified to become a guide to God, to find the passion and love of God in all things.
- 2002 *More for the Glory of God* – Beginning with Bruce Wilkinson’s, *The Prayer of Jabez*, we move to seeing that “more” in God’s pruning (*Secrets of the Vine*), examine discernment as discovering our more, and the “more” of Ignatius’ *Contemplation to attain God’s Love* and mission.
- 2003 *The Joy of the Lord is my Strength* – We examine our experiences of joy and Bruce Marciano’s portrayal of Jesus’ joy in Matthew’s Gospel, how joy aids health, how “Promised Land” is fulfilled in Jesus, how we are to rejoice even in suffering, and joy as a heavenly banquet of love.
- 2004 *Our Call to be Salt & Light* – Salt and light vivify and illumine through sacrifice. Matthew’s beatitudes show that outer fruitfulness springs from inner purification. We embrace life (as Byron Katie, *Loving What Is*) and fulfill God’s dream for us (Wilkinson’s, *The Dream Giver*), and spread the “Good News.”

2005 *Spiritual Maturing through the Gospel of Luke* – Jim Wilder (*Living from the Heart Jesus Gave You*) portrays growth and healing in light of joy and returning to joy (see www.carepkg.org for his books). Luke also portrays God's touch as joy, and Jesus' meals with sinners as the eucharistic way. We worked with both to free our own growth.

All of these are sets of 5 tapes and cost \$35 (tax and shipping included).

Every year there is one day workshop: *Introduction to Healing the Family Tree* – This set presents the faith stages, Bowen, Boszormenyi-Nagy and Richard Schwartz on family dynamics, the genogram and then the 9 steps of healing and healing of ancestors (see *Other Resources* for the handouts).

This is a set of 3 tapes and the cost is \$25.

Requests for tapes should be made to Vicki Spencer.

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